



Minnesota Veteran's Home Adult Day Center

March Recreation Calendar & Dining Menu



Week OF: 3/1-3/5 Celebrate the Golden Globes & Hollywood	Week OF: 3/8-3/12 Celebrate National Nutrition Month	Week OF: 3/15-3/19 Celebrate St. Patrick's Day	Week OF: 3/22-3/26 Celebrate Spring & March Madness
8:00 Morning Chat 9:45 Who Am I 10:15 Morning Stretch 11:00 Movie Trivia 11:30 Art Hour 1:00 Classic Hollywood Bingo 2:00 Funny One-Liners By Famous People 2:30 Classic Re-Run M*A*S*H	8:00 Morning Chat 9:45 I Hear Memories 10:15 Tai Chi 11:00 Good Nutrition Word Games 11:30 Terracotta Pot Painting 1:00 Nutrition Jeopardy 1:45 What Herb Am I 2:15 Black Jack	8:00 Morning Chat 9:45 St Patrick's Day Hangman 10:15 Learn the Irish Jig 11:00 Truth or Blarney 11:30 Irish Craft 1:00 Pot of Gold Coin Toss 1:30 Name that Irish Tune 2:00: Crossword	8:00 Morning Chat 9:45 Basketball Trivia 10:15 Sit and be Fit 11:00 Target Golf 11:30 Indoor Gardening 1:00 Basketball 1:45 Spring Trivia 2:00 Dice Games
Breakfast: 9:15-10:00 Sliver Dollar Pancakes Breakfast Meat Seasonal Fruit Milk or Juice	Breakfast: 9:15-10:00 Quiche Homemade Muffin Seasonal Fruit Milk or Juice	Breakfast: 9:15-10:00 Oatmeal with choice of Toppings Milk or Juice	Breakfast: 9:15-10:00 Egg Cooked to Order Slice of Toast Seasonal Fruit Milk or Juice
Lunch: 12:15-1:00 Tomato Soup Basic or "Award Style" Grilled Cheese Sandwich Seasonal Fruit Milk or Lemonade	Lunch: 12:15-1:00 Tater Tot Casserole Breadstick Seasonal Fruit Milk or Lemonade	Lunch: 12:15-1:00 Irish Stew Breadstick Seasonal Fruit Milk or Lemonade	Lunch: 12:15-1:00 Tuna Melt Tater Tots Cooked Carrots Seasonal Fruit Bowl Milk or Lemonade



Dining Menu is subject to change without notice

* Fruit will be served with all breakfast meals

*A slice of bread is always available at the lunch meal upon request

Recreation schedule is subject to change without notice

Jodi Kritzeck CTRS and Jennifer Knutson RD, LD

